



Discover Serenity Yin Yoga Course

Dear Student,

Thank you for joining Discover Serenity our 50hr Yin Yoga Course. We are so delighted to welcome you to the course and I hope that you will enjoy training with us.

In order to maintain the high standards set out by our partners Yoga Alliance Professionals, it is vitally important that by completing this course you reach the standard we require to enable you to teach Yin Yoga to the best of your ability. In order to do this we must ensure that all of our students behave in the manner we expect of them whilst on our course.

Our assessment process is continuous and based on a number of things including your behaviour and progress. Students who do not meet the required standards will be asked to improve on the areas of weakness and demonstrate that they have done this, before being issued a certificate. All successful students can be registered on our database of accredited teachers.

This code of conduct is a summation and declaration of acceptable, ethical, and professional behaviour by which all of our students agree to conduct during training and throughout their teachings in the business of Yoga.

Code of Conduct

1. To ensure that you conduct safe and effective teaching to the public.
2. To maintain and uphold the traditions of Yoga taught to you during this course and to teach yoga from the experience of these traditions and to disseminate these teachings to anyone, from any background, who earnestly desires to follow these traditions.
3. Uphold the integrity of my vocation by conducting myself in a professional and conscientious manner.
4. Acknowledge the limitations of my skills and scope of practice and where appropriate, refer students to seek alternative instruction, advice, treatment, or direction.
5. Create and maintain a safe, clean and comfortable environment for the practice of yoga.
6. Encourage diversity actively by respecting all students regardless of age, physical limitations, race, creed, gender, ethnicity, religion affiliation, or sexual orientation.
7. Respect the rights, dignity and privacy of all students.
8. Avoid words and actions that constitute sexual harassment.
9. Follow all local government and national laws that pertain to my yoga teaching and business.



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As a Registrant of Ashgrove Yoga Teacher Training, I agree to uphold the ethical goals set forth in the Code of Conduct on the prior page.

I agree to comply with the terms and conditions (these will be provided) and this Code of Conduct, and accept that failure to do so will disqualify me from any accreditation. I furthermore vow to uphold the standards of teachings I have been given and to maintain and promote the good name of Yoga at all times.

I accept that failure to do so may lead to the annulment of any accreditation obtained from Ashgrove Yoga Teacher Training.

Print Full Name: _____

Course Name: _____

Course Start Date: _____

Signed: _____

Date Signed: _____